

CO-PARENTING

TOOLS, TIPS, & TACTICS

Dr. Seuss

Inspired Poems



For Co-Parents & Children

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"Helping families before, during, and after divorce."

SERVICES PROVIDED BY DR. VICK

FORENSIC SERVICES

(ALL require a court order)

Reunification Therapy
Family Integration Therapy
Court-Qualified Parenting Coordinator
FL Supreme Court Certified Family Mediator
Expert Witness Services
Professional Consultation
Collaborative Divorce Coach / Neutral Facilitator
Specialized Treatment & Consultation with Court-Involved Children & Families
Court-ordered Mental Health Evaluations / Psychological Evaluations
Competency Evaluations (Juvenile & Adults)

CLINICAL SERVICES

(no court order required)

Individual Therapy
Family Therapy
Psychological Testing
Giftedness Evaluations
Co-Parenting Divorce Consultant

***Accepting New Clients**

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Introduction

Welcome to "Whimsical Wisdom: Poems for Coparents and Kids" - a delightful collection of poems inspired by the whimsical writing style of Dr. Seuss, crafted specifically for coparents to read with their children. In this whimsical world of rhyme and rhythm, we embark on a journey through the ups and downs of divorce and coparenting, exploring themes that are both insightful and age-appropriate.

Divorce can be a challenging and emotional experience for families, especially for children who may struggle to understand the changes in their lives.

Through the magic of poetry, "Whimsical Wisdom" offers a creative and engaging way for coparents to address these complex topics with their children, fostering open dialogue, understanding, and resilience along the way.

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Each poem in this collection is carefully crafted to capture the essence of important aspects of divorce and coparenting, while maintaining the playful and imaginative spirit of Dr. Seuss's beloved works. From navigating new routines and transitions between homes to embracing the love and support of both parents, these poems offer gentle insights and valuable lessons for children of all ages.

Whether you're snuggled up for bedtime reading or enjoying a playful afternoon together, "Whimsical Wisdom" invites coparents and children to embark on a whimsical adventure filled with laughter, love, and the timeless wisdom of Dr. Seuss. So grab your copy, open your hearts, and let the journey begin!

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Telling The Children

In a house on a street, not too far away,
Lived a family of three, in a cozy array.

But behind closed doors, there was a tale to tell,
Of parents who decided it was time to bid farewell.

Now, listen up children, come gather around,
For there's something important we must expound.

Mom and Dad have decided to go separate ways,
But we'll still love you dearly, each and every day.

You see, just like birds sometimes need to fly,
Mom and Dad need space to spread their wings and try

To find happiness in different ways, you see,
But know in our hearts, you'll always be our glee.

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We'll still be a family, though it may look new,
With two homes to visit and adventures to pursue.

We'll share laughter and memories, both old and new,
For our love for you is steadfast, tried, and true.

So don't you fret, my little dears,
For we'll wipe away all your fears

We'll navigate this journey, hand in hand,
Together, in love, we'll forever stand.

For even though things may change, it's true,
One thing remains constant: our love for you.

So let's embark on this journey, together we'll roam,
With hugs, kisses, and love, our new family home.

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Children & Divorce



In the land of divorce, where hearts feel the strain,
Children embark on a journey, through sunshine and rain.
With parents parting ways, their world turned askew,
Little ones navigate a path, bright and true.

They may feel confused, with emotions a whirl,
As Mommy and Daddy unfurl their twirl.
But through it all, they're resilient and strong,
Finding solace in love, where they truly belong.

They may miss the laughter, the times they once knew,
But they'll find new joys, shining bright and true.
With two loving homes, their hearts find a place,
To bloom and to flourish, with each warm embrace.

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Though changes may come, and challenges too,
Children find comfort, in what's real and what's true.

For love knows no bounds, in the heart of a child,
With hugs and with kisses, they'll always find smiles.

So let's hold their hands, through the ups and the downs,
As they journey through life, in their own merry rounds.

For in the world of divorce, love will prevail,
And children will thrive, with their sails set to sail.

In the land of co-parenting, challenges do arise,
Two hearts once entwined now see through different eyes.

With children to nurture, to love and to tend,
Co-parents must journey, together, they'll mend.

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What Children Need

In a world of divorce, with changes galore,
Children need love, now more than before.

If I ran the zoo, oh the things I would do,
To ensure kids feel cherished, valued too.

They'd need hugs and cuddles, each and every day,
To chase away worries, to keep fears at bay.
With a sprinkle of laughter, a dash of delight,
We'd fill their hearts with joy, from morning 'til night.

They'd need understanding, a listening ear,
To share their emotions, to shed every tear.
With patience and kindness, we'd lend them our ear,
And reassure them, wiping away every fear.

They'd need stability, a sense of routine,
To anchor their world, like a ship in the stream.

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With consistency and structure, we'd guide their way,
Through the stormy seas, to a brighter day.

They'd need both parents, though worlds may divide,
To stand by their side, with love as our guide.

With co-parenting teamwork, we'd show them the way,
That families may change, but love's here to stay.

So if I ran the zoo, oh the love I'd bestow,
On children in need, as they navigate woe.

For in times of turmoil, what they need most of all,
Is love, understanding, and someone to call.

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Child-Focused

In the land of divorce, where things can get rough,
There lived two coparents, made of strong stuff.

Though their love had faded, their child still remained,
And together they vowed, never to be pained.

"We'll focus on our child," they said with great cheer,
"For their happiness and well-being, we hold dear."

Like the Lorax, they spoke for the one they adored,
Their actions aligned with the love they implored.

Through ups and downs, they stood side by side,
Putting aside differences, swallowing pride.

For their child's bright future, they planted the seeds,
Of respect, understanding, fulfilling their needs.

They shared custody with grace and with ease,
Putting their child's heart always at ease.

Like the Truffula trees, they nurtured and cared,
In their coparenting journey, they always prepared.



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No bitterness lingered, no anger prevailed,
In their child-centered world, harmony sailed.

For in the end, they both understood,
That their child's happiness was the greater good.

So in the land of divorce, where things can get rough,
Two coparents stood tall, made of strong stuff.

With the spirit of the Lorax, they paved the way,
For their child to flourish, come what may.

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Between Two Homes



*In homes they roam, from place to place,
In this whirlwind world, they must embrace.*

*Between two worlds, they twist and turn,
As they navigate, what they must learn.*

*From Mom's cozy nest, to Dad's abode,
They carry their hearts, along the road.*

*A suitcase of dreams, a bag of fears,
As they journey on, through the coming years.*

*With each transition, a new routine,
A different bed, a changing scene.*

*They shuffle and shift, like socks on feet,
In this dance of life, so bittersweet.*

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The clock ticks on, the days fly by,
As they wave goodbye, and heave a sigh.

Their hearts pulled taut, like strings on strings,
As they navigate, these changing things.

But amidst the chaos, they find their way,
With laughter and love, come what may.

For in their hearts, they hold the key,
To navigate life's stormy sea.

So though the road may twist and bend,
They know in the end, they'll find a friend.

For in the love of both, they find their light,
Guiding them through the darkest night.

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Kids As Messengers



In the world of coparenting, a tale to be told,
Of messages carried, both young and bold.

For children become messengers, a task quite tall,
Between coparents, they stand, feeling small.

With a note in their hand, they trot and they roam,
Carrying words between homes, far from their own.

But as they deliver, their hearts feel the weight,
Of messages heavy, filled with debate.

They carry the burdens, though not of their own,
Between two worlds, they bravely have grown.

But oh, what they feel, in the midst of the ride,
As they shuffle and scuttle, with nowhere to hide.

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For children are tender, their hearts oh so light,
Yet burdened with messages, in the still of the night.

They long for the peace, the laughter, the glee,
But instead, they're the messengers, caught in the spree

So let's heed their hearts, their innocence pure,
And spare them the burdens, the conflicts, the lure.

For in the world of coparenting, let's strive to see,
That children are children, and messengers, they shouldn't be.

Let's speak with each other, with kindness and care,
And spare our dear children, the burdens they bear.

For in their sweet hearts, let love reign supreme,
And let them be children, in the world of their dream.

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Co-Parenting

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They may feel confused, with emotions a whirl,
As Mommy and Daddy unfurl their twirl.

But through it all, they're resilient and strong,
Finding solace in love, where they truly belong.

They may miss the laughter, the times they once knew,
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With hugs and with kisses, they'll always find smiles.

So let's hold their hands, through the ups and the downs,
As they journey through life, in their own merry rounds.

For in the world of divorce, love will prevail,
And children will thrive, with their sails set to sail.
In the land of co-parenting, challenges do arise,
Two hearts once entwined now see through different eyes.

With children to nurture, to love and to tend,
Co-parents must journey, together, they'll mend.

Oh, the places you'll go, with schedules to juggle,
From school drop-offs to bedtime snuggle.
Each day brings its trials, its highs and its lows,
But through it all, love and understanding flows.

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Sometimes it's hard, when emotions run high,
To see eye to eye, to spread wings and fly.

But remember dear co-parents, the love that you share,
For your children's sake, show them you care.

In the midst of the chaos, find moments to laugh,
To dance in the rain, to take a deep bath.
For co-parenting's journey, though tough it may seem,
Can be filled with joy, like a whimsical dream.

So hold onto hope, and hold onto love,
Together you'll rise, like a birdie above.

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Different Parenting Styles



In the land of coparents, there lived a pair,
With children to raise, they had love to spare.

But in their approach, they couldn't agree,
Each had their own way, you see.

One parent liked structure, with rules so clear,
While the other preferred spontaneity, without fear.

They argued and bickered, day after day,
Not seeing eye to eye, in any which way.

But then one day, they stopped and they thought,
Perhaps there's a way, to find what we sought.

For though we're different, in style and in creed,
We both want what's best, for our child indeed.

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So they sat down together, and opened their hearts,
Ready to listen, to play their parts.

They embraced their differences, with open arms,
Finding harmony, amidst life's charms.

One parent said, "Let's blend our ways,
With structure and freedom, in all our days."

The other agreed, with a smile so bright,
Together they'd shine, in love's pure light.

And so they coparented, with joy and glee,
Embracing their differences, for all to see.

For in the end, what truly matters most,
Is love and acceptance, from coast to coast.

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Speaking Badly of the other Co-Parent

In the land of co-parenting, there's a tale to tell,
Of keeping kindness alive, oh, do you hear that bell?

It chimes with a message, clear and true,
About the words we speak, and what we do.

Horton the elephant, with his ears so keen,
Heard whispers and murmurs, oh, what did they mean?

But instead of spreading gossip, he chose a different route,
For he knew the importance of kindness without doubt.

"Just because we've parted ways, doesn't mean we must fight,
Let's keep things civil, let's keep it light.

Our children's hearts are tender, their minds pure and bright,
Let's shield them from darkness, let's be their guiding light."

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So let's not speak ill, of the other, you see,
Let's keep adult matters where they should be.

For our children deserve love, and laughter, and cheer,
Not the weight of our burdens, not the sound of our fear.

Let's build them a world, filled with joy and with glee,
Where they can flourish, where they can be free.

With words of encouragement, with hugs and with kisses,
Let's fill their hearts with love, let's fulfill their wishes.

So let's follow Horton, let's heed his wise call,
And remember, in co-parenting, kindness is all.

For when we speak with love, and act with grace,
We create a world where our children find their place.

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Introducing A New Person



One fish, two fish, new friend, old friend,
In a world where love and laughter blend.

When Mom and Dad have gone their ways,
A new friend may brighten up your days.

With a flip and a flop, here comes Joe,
A friend for you, to help you grow.

He may not be Dad, nor fill his shoes,
But he's here to share laughter, chase away the blues.

From red fish to blue fish, we welcome him in,
A new chapter of life, let the adventures begin!

He'll play games with you, and read you tales,
Through ups and downs, he'll never bail.

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One fish, two fish, new friend, true friend,
In this journey of life, let's not pretend.

Family comes in forms both old and new,
And with love and kindness, we'll see it through.

So welcome, dear friend, with open arms wide,
Together we'll take this joyous ride.

For in this sea of life, we'll swim and we'll play,
With friends by our side, come what may!

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Blended Families

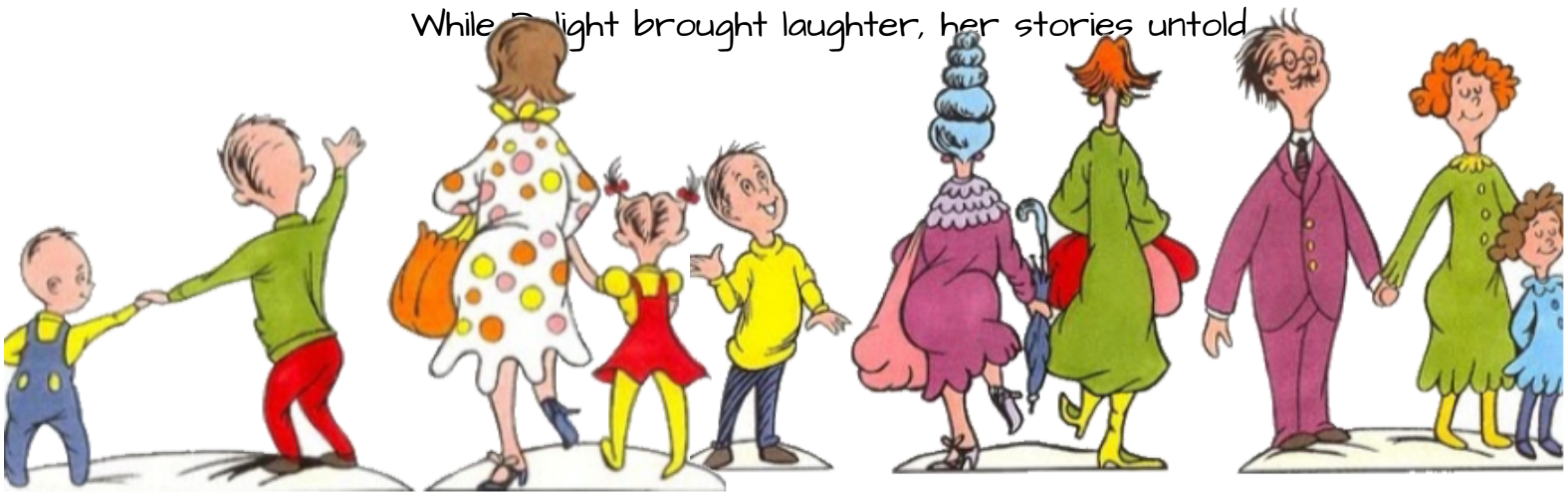
In a house full of laughter, in a home so grand,
Lived a blended family, hand in hand.

With step-parents and kids, all living as one,
Their journey together had only begun.

There was Sarah and Sam, with smiles so bright,
And their step-parents, Tom and Delight.

With love in their hearts, they danced and they played,
In this blended family, where joy never fades.

Tom was tall, with a heart of gold,
While Delight brought laughter, her stories untold.



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They cooked and they cleaned, they sang and they danced,
In this house of love, where dreams enhanced.

The children, at first, felt a bit shy,
But Tom and Delight caught their eyes.

With games and adventures, they won their trust,
In this blended family, where love was a must.

Together they soared, like birds in flight,
Through ups and downs, day and night.

In this house full of love, they found their way,
In the warmth of each other, come what may.

So here's to blended families, in all their grace,
Where love and laughter find their place.

With step-parents and kids, hand in hand,
In this tale of love, forever grand.