



# GARIN DOUGLAS VICK, PSY.D.

---

## CLINICAL & FORENSIC PSYCHOLOGY

### “I” Statement Practice Templates

**I Feel:** \_\_\_\_\_  
**When You:** \_\_\_\_\_  
**Because I Think:** \_\_\_\_\_  
**What I Would Like You To Do Next Time is:** \_\_\_\_\_  
\_\_\_\_\_

**I Feel:** \_\_\_\_\_  
**When You:** \_\_\_\_\_  
**Because I Think:** \_\_\_\_\_  
**What I Would Like You To Do Next Time is:** \_\_\_\_\_  
\_\_\_\_\_

**I Feel:** \_\_\_\_\_  
**When You:** \_\_\_\_\_  
**Because I Think:** \_\_\_\_\_  
**What I Would Like You To Do Next Time is:** \_\_\_\_\_  
\_\_\_\_\_

**I Feel:** \_\_\_\_\_  
**When You:** \_\_\_\_\_  
**Because I Think:** \_\_\_\_\_  
**What I Would Like You To Do Next Time is:** \_\_\_\_\_  
\_\_\_\_\_